

Raleigh Yoga Center

www.raleighyoga.com

Weekly Class Schedule

Jan 4th – Mar 28th 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				6-7 am Wake KIRSTEN		
					8:30-9:30 am TGIF LAURA	
	10-11:30 am II JANE	10 -11:30 am I JANE	10-11:30 am Purna Yoga CATHARINE	9:45-11:15 m II JANE	10 -11:30 am I JANE	
			1 :00 - 2 :00 pm MELT Level 2 (begins 1/4) CATHARINE			
5:30-7:00pm Fundamentals BETH/JULIE	5:45-7:15 pm I JANE		5:45-7:15 pm I KIRSTEN	6:00-7:00 pm MELT Level 2 (begins 1/5) CATHARINE		
		6:30-8:00 pm I / II JANE	7:30-8:30 pm Introduction KIRSTEN		6:30-8:30 pm Restorative 2/17,4/21,6/16 JESSICA	

Please visit our website www.raleighyoga.com for class/series details, descriptions, special events and registration