14th Annual Iyengar Yoga Workshop

Bobbi Goldin Mar 3rd - Mar 5th 2017

Friday, Mar 3 7:00 – 9:00pm

Saturday, Mar 4 10:00am – 1:00pm & 3:00pm – 5:00pm

Sunday, Mar 5 10:00am – 1:00pm

Mixed level Asana/Pranayama workshop taught in the Iyengar tradition. Previous Iyengar experience is preferred.

To be held at **RALEIGH YOGA CENTER**, 619 Oberlin Rd, Raleigh, NC 27605

Directions: Located in the Burnie Batchelor Photography Bldg near Cameron Village (between Snipes Insurance and Carolina Business Interiors). The entrance to the studio is on the side of the bldg. and there is ample free parking behind the building

Limited amount of props available, please bring your own mat, blanket, blocks, and belt if possible.

Sponsored by Raleigh Yoga Center

For more information about the workshop, visit www.raleighyoga.com



BOBBI GOLDIN has been the director of the Yoga Institute of Miami since 1978. She was certified Intermediate Junior by B.K.S. Ivengar in 1983. She believes that "We do yoga to quiet the mind and soothe the heart. When we are physically and mentally strong, elastic and stable the quality of life is high, and then each day is a gift." Bobbi is known to teach with great support, challenge and humor, so that everyone's needs are met. She is strongly influenced by John Schumacher and Ramanand Patel.

For more information about Bobbi Goldin visit: www.yoqamiami.com

REGIS	TRAJON FOR	
Weekend Yoga Workshop	Name:	\$ 250.00
with Bobbi Goldin	Prior to Feb 10th Address:	\$ 225.00
BODDI GOldini		\$ 55.00

Best Tel #:

E-mail:

Make checks payable to:

Raleigh Yoga Center

Please mail completed form with payment to:

Raleigh Yoga Center 619 Oberlin Road Raleigh, NC 27605

Friday Evening	\$ 55.00
Saturday Morning	\$ 70.00
Saturday Afternoon	\$ 55.00
Sunday	\$ 70.00

Weekend workshop policies: Full payment is due upon registration. An administration fee of \$30.00 will be deducted from refund upon cancellation. No refunds 10 days prior to first day of workshop.