

Raleigh Yoga Center

www.raleighyoga.com

Weekly Class Schedule

September 19th– December 11th 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				6-7 am Wake KIRSTEN		
					8:30-9:30 a m TGIF Yoga LAURA	
	10-11:30 am II JANE	10 -11:30 am I JANE	10-11:30 am Purna Yoga CATHARINE	9:45-11:15 m II JANE	10 -11:30 am I JANE	11am Community Class 2nd Saturday
5:30-7:00pm Fundamentals BETH/JULIE	5:45-7:15 pm I JANE		5:45-7:15 pm I KIRSTEN		6-7:30 pm Restorative 9/16 JESSICA	
		6:30-8:00 pm I / II JANE	7:30-8:30 pm Introduction KIRSTEN	6:30-7:30 pm MELT (begins 9/22) CATHARINE		

Please visit our website www.raleighyoga.com for class/series details, descriptions, special events and registration