

13th Annual Iyengar Yoga Workshop

Bobbi Goldin

Mar 11th – Mar 13th 2016

Friday, Mar 11
7:00 – 9:00pm

Saturday, Mar 12
10:00am – 1:00pm & 3:00pm – 5:00pm

Sunday, Mar 13
10:00am – 1:00pm

Mixed level Asana/Pranayama workshop taught in the Iyengar tradition. Previous Iyengar experience is preferred.

To be held at **The Fletcher Academy**, 400 Cedarview Court, Raleigh, NC

Directions: From 440 take Exit #8B – Six Forks Road – North – North Hills. Turn right on Six Forks Road. Go approximately 1 ½ miles. Turn right on East Millbrook Road – go ½ mile. Turn left on Sweetbriar Street – go 3/10 mile. Turn left on Cedarview Court. The school is directly ahead of you.

Very limited amount of props available, please bring your own mat, blanket, blocks, and belt if possible.

Sponsored by Raleigh Yoga Center

For more information about the workshop, visit www.raleighyoga.com



BOBBI GOLDIN has been the director of the Yoga Institute of Miami since 1978. She was certified Intermediate Junior by B.K.S. Iyengar in 1983. She believes that "We do yoga to quiet the mind and soothe the heart. When we are physically and mentally strong, elastic and stable the quality of life is high, and then each day is a gift." Bobbi is known to teach with great support, challenge and humor, so that everyone's needs are met. She is strongly influenced by John Schumacher and Ramanand Patel.

For more information about Bobbi Goldin visit:
www.yogamiami.com

REGISTRATION FORM

**Weekend Yoga Workshop
with
Bobbi Goldin**

Name: _____

Address: _____

Best Tel #: _____

E-mail: _____

Entire Weekend \$ 250.00

Prior to Feb 19th \$ 225.00

Friday Evening \$ 55.00

Saturday Morning \$ 70.00

Saturday Afternoon \$ 55.00

Sunday \$ 70.00

Make checks payable to:

Raleigh Yoga Center

Please mail completed form
with payment to:

**Raleigh Yoga Center
619 Oberlin Road
Raleigh, NC 27605**

Weekend workshop policies: Full payment is due upon registration. An administration fee of \$30.00 will be deducted from refund upon cancellation. No refunds 10 days prior to first day of workshop.