

Raleigh Yoga Center

www.raleighyoga.com

Weekly Class Schedule

September 20th – December 11th 2015

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------------------------|---------------------------|--------------------------------|--|----------------------------|---------------------------|---------------------------------------|
| | | | | 6-7 am Wake KIRSTEN | | |
| | | | | | | |
| | 10-11:30 am II JANE | 10 -11:30 am I JANE | 10-11:30 am Purna Yoga CATHARINE | 9:45-11:15 m II JANE | 10 -11:30 am I JANE | 11am Special Events (see below) |
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| 5:45-7:15 pm Fundamentals BETH | 5:45-7:15 pm I JANE | | 5:45-7:15 pm I KIRSTEN | | | |
| | | 6:30-8:00 pm I / II JANE | 7:30-9:00 pm Intro KIRSTEN | 6:30-8:00 pm I JANE | | |

SPECIAL EVENTS

- 2nd Saturday of each month RYC offers a FREE COMMUNITY CLASS . 1.5 hrs. (11-12:30) Instructors vary.
- Due to limited space RESERVATIONS ARE REQUIRED . Please e-mail from website to reserve yours.