

# Raleigh Yoga Center

www.raleighyoga.com

## Weekly Class Schedule

September 21– December 12 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		6-7 am Wake starts 10/21 EILKA		6-7 am Wake KIRSTEN		
	10-11:30 am II JANE	10 -11:30 am I JANE	10-11:30 am Purna Yoga CATHARINE	10 -11:30 am II JANE	10 -11:30 am I JANE	11am Special Events (see below)
5:45-7:15 pm Fundamentals BETH	5:45-7:15 pm I JANE		5:45-7:15 pm I KIRSTEN			
		6:30-8:00 pm I / II JANE	7:30-9:00 pm Intro KIRSTEN	6:30-8:00 pm Align & Flow starts 10/16 ELKA		

### \*\*SPECIAL EVENTS

- 2nd Saturday of each month RYC offers a FREE COMMUNITY CLASS . 1.5 hrs. (11-12:30) Instructors vary.
- Due to limited space RESERVATIONS ARE REQUIRED . Please e-mail from website to reserve yours.

Raleigh Yoga Center 619 Oberlin Road (Burnie Batchelor Bldg) , Raleigh, NC 27605 Phone (919) 856 -1390