

Raleigh Yoga Center

www.raleighyoga.com

Weekly Class Schedule July 7 - September 14 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		6-7 am Wake & Re-Awake ELKA		6-7 am Wake & Re-Awake KIRSTEN		
	10-11:30 am II JANE	10-11:30 am I JANE		10-11:30 am II JANE	10-11:30 am I JANE	11am Special Events (see below)
5:45-7:15 pm Fundamentals JANE	5:45-7:15 pm I JANE		5:45-7:15 pm I KIRSTEN			
		6:30-8:00 pm I / II JANE	7:30-9:00 pm Intro KIRSTEN	6:30-7:45 pm Align & Flow ELKA		

**SPECIAL EVENTS

- 2nd Saturday of each month RYC offers a FREE COMMUNITY CLASS . 1.5 hrs. (11-12:30) Instructors vary.
- Due to limited space RESERVATIONS ARE REQUIRED . Please e-mail from website to reserve yours.
- NO COMMUNITY CLASS JULY & AUGUST. NEXT COMMUNITY CLASS IS SEPTEMBER 13