

9th Annual Iyengar Yoga Workshop

Bobbi Goldin Feb 24th – Feb 26th 2012

Friday, Feb 24
7:00 – 9:00pm

Saturday, Feb 25
10:00am – 1:00pm & 3:00pm – 5:00pm

Sunday, Feb 26
10:00am – 1:00pm

Mixed level Asana/Pranayama workshop taught in the Iyengar tradition. Previous Iyengar experience is preferred.

To be held at **The Fletcher Academy**, 400 Cedarview Court, Raleigh, NC

Directions: From 440 take Exit #8B – Six Forks Road – North – North Hills. Turn right on Six Forks Road. Go approximately 1 ½ miles. Turn right on East Millbrook Road – go ½ mile. Turn left on Sweetbriar Street – go 3/10 mile. Turn left on Cedarview Court. The school is directly ahead of you.

Very limited amount of props available, please bring your own mat, blanket, blocks, and belt if possible.

Sponsored by Raleigh Yoga Center

For more information about the workshop,
email janebarrett@nc.rr.com



BOBBI GOLDIN has been the director of the Yoga Institute of Miami since 1978. She was certified Intermediate Junior by B.K.S. Iyengar in 1983. She believes that "We do yoga to quiet the mind and soothe the heart. When we are physically and mentally strong, elastic and stable the quality of life is high, and then each day is a gift." Bobbi is known to teach with great support, challenge and humor, so that everyone's needs are met. She is strongly influenced by John Schumacher and Ramanand Patel.

For more information about Bobbi Goldin visit:
www.yogamiami.com

REGISTRATION FORM

Weekend Yoga Workshop with Bobbi Goldin

Make checks payable to:
Raleigh Yoga Center
Please mail completed form
with payment to:

**Raleigh Yoga Center
619 Oberlin Road
Raleigh, NC 27605**

Name: _____

Address: _____

Best Tel #: _____

E-mail: _____

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|--------------------------|--------------------|-----------|
| <input type="checkbox"/> | Entire Weekend | \$ 195.00 |
| <input type="checkbox"/> | Friday Evening | \$ 50.00 |
| <input type="checkbox"/> | Saturday Morning | \$ 65.00 |
| <input type="checkbox"/> | Saturday Afternoon | \$ 50.00 |
| <input type="checkbox"/> | Sunday ** | \$ 65.00 |

** Sunday session open to Fri and/or Sat participants **ONLY**

Weekend workshop policies: Full payment is due upon registration. Registration must be received by Feb 13, 2012. An administration fee of \$25.00 will be deducted from refund upon cancellation. No refunds 10 days prior to first day of workshop.